

LAG-SM kval

Sollentunavallen och Edsbergs sportfält
18 Maj 2023

Arrangör: Turebergs Friidrottsklubb Tävlingsledare: Thomas Hirvonen

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Resultat

M Lag-poäng ;

Antal grenar 18 / 18

	Tot	100	200	400	800	1,5k	5k	3k	110h	400h	HJ	PV	LJ	TJ	SP	DT	HT	JT	4 x 100m
1 Turebergs FK	84	5	6	5	6	6	6	6	2	3	5	4	5	2	6	6	6	5	0
2 Hammarby IF	71.5	6	3	4	4	1	4	2	5	6	1.50	6	4	3	4	5	4	3	6
3 KFUM Örebro	70.5	4	5	6	3	5	3	4	1	4	1.50	5	2	4	5	3	5	6	4
4 Huddinge AIS	57	2	2	3	2	3	2	3	3	5	4	2	6	5	2	4	2	4	3
5 Täby IS	51	3	4	2	1	2	1	1	4	2	6	3	3	6	3	2	1	2	5
6 IFK Lidingö	43	1	1	1	5	4	5	5	6	1	3	1	1	1	1	1	3	1	2

M 100 m

Vind:-1.1

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Dennis Otieno	91	Hammarby IF	10.63			SB
2	Emil Johansson	02	Turebergs FK	10.83			SB
3	Simon Sharapo	01	KFUM Örebro	11.13			SB
4	Michael Luxemburg	94	Täby IS	11.17			SB
5	Joakim Hellbratt	03	Huddinge AIS	11.26			SB
6	Daniel Larsson	07	IFK Lidingö	12.17			PB

M 200 m

Vind:0.1

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Emil Johansson	02	Turebergs FK	21.58			SB
2	Alvin Reinebo	04	KFUM Örebro	21.70			SB
3	Milo Wahlgren	02	Täby IS	21.93			SB
4	Alexander Pilgrim	03	Hammarby IF	22.51			SB
5	Oscar Heaton	05	Huddinge AIS	23.53			PB
6	Ruben Hart	08	IFK Lidingö	27.41			PB

M 400 m

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Ludvig Molinder	03	KFUM Örebro	49.19			PB
2	Robin Isaksson	02	Turebergs FK	49.89			SB
3	Filip Herre	06	Hammarby IF	49.94			PB
4	Dennis Elms Jansson	95	Huddinge AIS	51.00			SB
5	Kenzo Buchli	00	Täby IS	52.93			PB
6	Kasper Carlens	07	IFK Lidingö	61.09			PB

M 800 m

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Habtom Asgede	95	Turebergs FK	1:58.79			SB
2	Axel Alness Borg	98	IFK Lidingö	1:59.39			SB
3	Vilmer Karlsson	07	Hammarby IF	1:59.90			SB
4	Henrik Franzén	03	KFUM Örebro	1:59.95			SB
5	Anton Ledell	99	Huddinge AIS	2:02.27			SB
6	Leo Papinski	07	Täby IS	2:06.35			PB

M 1500 m

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Andreas Almgren	95	Turebergs FK	3:47.63			SB
2	Kevin Bodén	02	KFUM Örebro	4:00.31			
3	Axel Alness Borg	98	IFK Lidingö	4:19.36			SB
4	Rasmus Berglund	08	Huddinge AIS	4:29.50			PB
5	Leo Papinski	07	Täby IS	4:31.89			PB
6	Elton Hedberg	06	Hammarby IF	4:32.41			SB

M 5000 m

2023-05-18

Ra Name	D	Club	Res. Q	com	Code
1	Andreas Almgren	95 Turebergs FK	16:01.96		
2	Ludvig Johansson	98 IFK Lidingö	16:52.92		
3	Nils Holm	04 Hammarby IF	17:20.60		
4	Lucas Asplund	06 KFUM Örebro	17:50.90		
5	Dante Schulze	05 Huddinge AIS	18:34.63		
6	Joakim Andersson	89 Täby IS	18:35.22		

M 3000 m hinder

2023-05-18

Ra Name	D	Club	Res. Q	com	Code
1	Daniel Lundgren	85 Turebergs FK	9:38.88		
2	Leonardo Garavini	05 IFK Lidingö	10:07.38		
3	Noha Olsson	02 KFUM Örebro	10:11.30		
4	Johan Calleberg	01 Huddinge AIS	10:54.69		
5	Neo Hall	06 Hammarby IF	10:57.61		
6	Jonathan Howser	02 Täby IS	13:18.40		

M 110 m häck

Vind:0.2

2023-05-18

Ra Name	D	Club	Res. Q	com	Code
1	Fredrick Ekholm	94 IFK Lidingö	14.82		SB
2	Arvid Wändesjö	03 Hammarby IF	15.43		PB
3	Viggo Stridh	05 Täby IS	15.95		PB
4	Emil Klockar	06 Huddinge AIS	16.13		PB
5	Erik Dahlberg	02 Turebergs FK	17.44		SB
6	Albin Gyhlenius	05 KFUM Örebro	18.09		PB

M 400 m häck

2023-05-18

Ra Name	D	Club	Res. Q	com	Code
1	Markus Moberg	03 Hammarby IF	53.60		SB
2	Fredrik Kihlblom	98 Huddinge AIS	55.15		SB
3	Sigge Bergentz	06 KFUM Örebro	56.30		PB
4	Johan Eriksson	88 Turebergs FK	56.49		SB
5	Jacob Norsell	07 Täby IS	61.88		PB
6	Nicklas Östlund	05 IFK Lidingö	65.16		PB

M Höjd

2023-05-18

Ra Name	D	Club	Res. Q	Code
1	Fabian Delryd	96 Täby IS	2.05	
2	Gustav Källström	06 Turebergs FK	1.87	SB
3	Olle Hammarberg	01 Huddinge AIS	1.87	SB
4	Simon Johannesson	06 IFK Lidingö	1.87	PB
5	Samuel Berglund	07 KFUM Örebro	1.75	PB
5	Anton Roslund	07 Hammarby IF	1.75	SB

	1.50	1.65	1.75	1.82	1.87	1.92	1.96	2.00	2.05	2.10
Olle Hammarberg	-	-	o	o	xo	xxx				
Samuel Berglund	-	o	xo	xxx						
Anton Roslund	-	o	xo	xxx						
Gustav Källström	-	o	o	o	o	xxx				
Simon Johannesson	-	-	o	xo	xxo	xxx				
Fabian Delryd	-	-	-	-	-	o	-	xo	xxo	xxx

M Stav

2023-05-18

Ra Name	D	Club	Res. Q	Code
1	Teodor Borgius	03 Hammarby IF	506	PB
2	Rasmus Carlsson	88 KFUM Örebro	466	SB
3	Jonas Asplund	73 Turebergs FK	456	SB
4	Harald Gemmel	01 Täby IS	446	SB
5	Oliver Sandberg	06 Huddinge AIS	416	SB
6	Fredrick Ekholm	94 IFK Lidingö	380	

	260	290	320	340	360	380	400	416	431	446	456	466	476	486	491	506
Teodor Borgius	-	-	-	-	-	-	-	-	-	-	-	-	xo	-	xo	o
Fredrick Ekholm	-	-	-	o	xxo	xxo	xxx									
Harald Gemmel	-	-	-	-	-	-	-	-	-	o	-	xxx				
Rasmus Carlsson	-	-	-	-	-	-	-	-	-	-	-	o	-	xxx		
Oliver Sandberg	-	-	-	-	-	-	-	o	xxx							

M Längd

2023-05-18

Ra	Name	D	Club	Res.	Wind	Q	com	Code
1	Joakim Hellbratt	03	Huddinge AIS	7.26	(1.7)			SB
2	Hugo Olsson	02	Turebergs FK	6.87	(2.3)			SB (6.79)
3	Elias Kapell	06	Hammarby IF	6.73	(5.1)			SB (6.49)
4	Rickard Willman	94	Täby IS	6.61	(1.0)			SB
5	Albin Gyhlenius	05	KFUM Örebro	6.40	(1.7)			SB
6	Anton Hellstrand Helleberg	05	IFK Lidingö	6.15	(-1.3)			SB

Name	Atempt 1	Atempt 2	Atempt 3	Atempt 4	Atempt 5	Atempt 6	Best Res
R Willman	6.52	()	3.38 (-0.8)	X (2.7)	6.44 (1.3)	6.61 (1.0)	6.48 (0.5)
J Hellbratt	7.19	(1.2)	6.95 (-0.4)	X (0.7)	X (1.5)	7.26 (1.7)	X (2.6)
H Olsson	6.79	(1.5)	6.72 (2.2)	6.66 (-0.7)	6.87 (2.3)	6.69 (1.3)	X (2.2)
Hellstrand Hell	6.13	(1.0)	X (0.8)	6.01 (0.9)	4.12 (0.1)	6.15 (-1.3)	6.04 (0.1)
E Kapell	6.49	(0.1)	6.72 (3.3)	6.67 (2.8)	X (3.0)	6.73 (5.1)	6.61 (0.7)
A Gyhlenius	6.24	(-2.1)	6.40 (1.7)	X (1.7)	6.29 (0.2)	X (1.2)	6.22 (0.5)

M Tresteg

2023-05-18

Ra	Name	D	Club	Res.	Wind	Q	com	Code
1	Rickard Willman	94	Täby IS	13.71	(-0.4)			SB
2	Joel Borrman	04	Huddinge AIS	12.70	(1.5)			PB
3	Elliot Smedstad	07	KFUM Örebro	12.67	(0.3)			PB
4	Tom Emfel	06	Hammarby IF	12.62	(-0.8)			PB
5	Emil De Maria Petersson	02	Turebergs FK	12.58	(-1.6)			PB
6	Ruben Hart	08	IFK Lidingö	9.28	(-0.7)			PB

Name	Atempt 1	Atempt 2	Atempt 3	Atempt 4	Atempt 5	Atempt 6	Best Res
R Hart	9.28	(-0.7)	-	()	-	()	-
E Smedstad	12.09	(-0.9)	12.25 (2.0)	12.18 (0.0)	12.07 (0.8)	12.67 (0.3)	12.46 (0.5)
R Willman	12.63	(-0.7)	12.81 (-1.6)	13.71 (-0.4)	X (-0.3)	-	()
T Emfel	12.12	(-0.4)	10.40 (-1.2)	X (1.2)	12.62 (-0.8)	X (-0.1)	X (1.4)
De Maria Peterss	12.46	(1.4)	12.58 (-1.6)	12.50 (1.4)	11.81 (0.5)	X (0.6)	X (2.2)
J Borrman	X	(0.7)	12.36 (-0.2)	X (-0.1)	X (0.7)	12.63 (1.5)	12.70 (1.5)

M Kula

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Jesper Ahlin	03	Turebergs FK	15.53			
2	Rasmus Carlsson	88	KFUM Örebro	13.34			SB
3	Martin Sundberg	03	Hammarby IF	12.85			
4	Christer Göransson Dahling	78	Täby IS	10.50			PB
5	Fotios Makrostergios	75	Huddinge AIS	9.22			SB
6	Michael Welin	67	IFK Lidingö	6.60			SB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
J Ahlin	15.53	X	X	X	-	-	15.53
M Sundberg	-	X	X	11.70	X	12.85	12.85
R Carlsson	12.55	13.34	X	12.41	-	X	13.34
F Makrostergios	8.67	8.46	8.60	8.78	8.81	9.22	9.22
Göransson Dahlin	10.50	10.34	10.37	10.32	X	X	10.50
M Welin	6.60	-	-	-	-	-	6.60

M Diskus

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Teo Paganus	03	Turebergs FK	45.82			
2	Matt Brown	80	Hammarby IF	43.72			
3	Tony Karlsson	76	Huddinge AIS	34.64			SB
4	Jonas Hansson-Bergén	94	KFUM Örebro	32.79			PB
5	Joel Enander	05	Täby IS	31.30			PB
6	Per Willén	76	IFK Lidingö	27.52			PB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
M Brown	40.62	41.36	42.04	40.78	41.76	43.72	43.72
P Willén	26.58	X	25.33	X	26.77	27.52	27.52
J Enander	30.35	X	X	X	28.60	31.30	31.30
J Hansson-Bergén	28.70	X	29.93	X	32.79	X	32.79
T Karlsson	X	29.75	X	34.64	X	X	34.64

T Paganus X 45.27 45.82 X 43.96 43.92 45.82

M Slägga

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Karl Ludvik	02	Turebergs FK	60.10			
2	Jonas Hansson-Bergén	94	KFUM Örebro	47.67			SB
3	Alexander Lindefalk	03	Hammarby IF	43.27			PB
4	Jacob Krumlinde	99	IFK Lidingö	40.36			SB
5	Tony Karlsson	76	Huddinge AIS	37.30			SB
6	Ludvig All	02	Täby IS	23.21			PB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
J Krumlinde	36.61	40.36	X	36.20	37.88	39.50	40.36
K Ludvik	X	60.10	58.43	58.42	X	58.64	60.10
T Karlsson	33.97	X	33.61	36.47	35.59	37.30	37.30
L All	19.57	20.84	19.12	X	20.35	23.21	23.21
J Hansson-Bergén	47.08	47.06	X	47.67	X	X	47.67
A Lindefalk	X	38.84	39.22	43.20	42.78	43.27	43.27

M Spjut

2023-05-18

Ra	Name	D	Club	Res.	Q	com	Code
1	Leon Bodén	05	KFUM Örebro	65.73			PB
2	Stellan Back	75	Turebergs FK	62.29			SB
3	Joel Thorén	87	Huddinge AIS	54.30			SB
4	Martin Sundberg	03	Hammarby IF	45.00			SB
5	Albin Edgert	05	Täby IS	41.63			PB
6	Jeppe Karlsson	09	IFK Lidingö	28.18			PB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
A Edgert	40.86	38.78	41.63	40.02	38.64	31.44	41.63
J Thorén	54.30	51.56	53.58	51.76	X	X	54.30
S Back	54.24	61.67	59.24	58.08	56.51	62.29	62.29
J Karlsson	27.86	X	28.18	X	X	X	28.18
M Sundberg	45.00	43.40	-	-	-	X	45.00
L Bodén	64.24	X	62.90	63.21	60.91	65.73	65.73

M 4x100 m

2023-05-18

1	Just Idag Är Jag Sta Hammarby IF	Hammarby IF		41.93	PB
		Elias Kapell	06		
		Arvid Wändesjö	03		
		Alexander Pilgrim	03		
		Viktor Wall	03		
2	Lag 1 Täby IS	Täby IS		43.03	PB
		Milo Wahlgren	02		
		Michael Luxemburg	94		
		Joel Enander	05		
		Jacob Norsell	07		
3	Lag 1 KFUM Örebro	KFUM Örebro		44.95	PB
		Simon Sharapo	01		
		Stefan Franzén	03		
		Wissam Al Mahmoud	89		
		Kevin Lindquist	07		
4	Lag 1 Huddinge AIS	Huddinge AIS		44.99	PB
		Joel Borrman	04		
		Emil Klockar	06		
		Nils Söderqvist	00		
		Oscar Heaton	05		
5	Lag 1 IFK Lidingö	IFK Lidingö		45.07	PB
		Anton Hellstrand	05		
		Helleberg			
		Christof Wagner	00		
		Robinson			
		Fredrick Ekholm	94		
		Simon Johannesson	06		
	Lag 1 Turebergs FK	Turebergs FK		DNF	
		Isak Stieberth	05		
		Siljedahl			
		Saviola Mbugua	06		
		Waithira			
		Hugo Olsson	02		
		Christopher Halldén	94		

	Tot	100	200	400	800	1,5k	5k	3k	100h	400h	HJ	PV	LJ	TJ	SP	DT	HT	JT	4 x 100m
1 Täby IS	82	2	5	5	6	6	5	6	6	6	4	6	5	2	5	3	3	2	5
2 Turebergs FK	72	6	6	4	2	4	1	0	4	1	6	2	6	4	6	4	4	6	6
3 Hammarby IF	67	5	2	6	4	3	6	5	1	4	3	3	4	3	3	2	6	3	4
4 KFUM Örebro	63	1	4	3	5	2	3	3	3	5	5	5	1	6	1	6	5	4	1
5 IFK Lidingö	48	4	3	2	1	1	4	2	5	2	1	4	2	1	2	5	1	5	3
6 Motala AIF	45	3	1	1	3	5	2	4	2	3	2	1	3	5	4	1	2	1	2

K 100 m

Vind:1.9

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Ayla Hallberg Hossain	06	Turebergs FK	11.89		SB
2	Esther Sahlqvist	06	Hammarby IF	12.02		PB
3	Alice Lindgren Engelblom	05	IFK Lidingö	12.49		PB
4	Nova Fogelkvist	04	Motala AIF	12.65		SB
5	Maja Almgren	98	Täby IS	12.67		SB
6	Tindra Frykholm	03	KFUM Örebro	12.71		SB

K 200 m

Vind:1.1

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Emma Carlsson	05	Turebergs FK	24.97		PB
2	Linnéa Frobe	98	Täby IS	25.04		SB
3	Ebba Asp	04	KFUM Örebro	26.07		SB
4	Sofia Fröberg	06	IFK Lidingö	26.11		PB
5	My Lindberg	08	Hammarby IF	26.80		PB
6	Emelina Wirebro	99	Motala AIF	27.42		SB

K 400 m

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Matilda Borg	07	Hammarby IF	56.69		SB
2	Lia Cederberg	04	Täby IS	57.77		SB
3	Lina Ånstad	05	Turebergs FK	59.00		PB
4	Tindra Frykholm	03	KFUM Örebro	62.33		
5	Maya Swedin	06	IFK Lidingö	65.64		PB
6	Matilda Martini	06	Motala AIF	67.38		PB

K 800 m

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Maja Sund	01	Täby IS	2:22.91		SB
2	Rebecca Högberg	84	KFUM Örebro	2:24.70		SB
3	Maja Simonsson	06	Hammarby IF	2:27.48		PB
4	Tilde Adolfsen	05	Motala AIF	2:27.78		SB
5	Alice Berg	02	Turebergs FK	2:39.21		SB
6	Leah Palmblad	08	IFK Lidingö	2:46.53		SB

K 1500 m

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Greta Graziani	94	Täby IS	4:51.16		SB
2	Tilde Adolfsen	05	Motala AIF	4:52.44		SB
3	Julia Meijer	04	Turebergs FK	4:53.42		SB
4	Julia Wändin	07	Hammarby IF	4:54.91		SB
5	Wera Falk	06	KFUM Örebro	5:08.30		PB
6	Lisa Löchen	01	IFK Lidingö	5:26.66		PB

K 5000 m

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Filippa Ramberg	97	Hammarby IF	17:49.16		
2	Melissa Bentayeb	05	Täby IS	19:19.73		
3	Nina Willén Holgersson	67	IFK Lidingö	20:54.86		
4	Elin Freed	06	KFUM Örebro	23:27.86		
5	Sandra Pettersson	78	Motala AIF	25:57.44		
6	Anna Lundin	77	Turebergs FK	28:35.54		

K 3000 m hinder

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Emilia Lillemo	00	Täby IS	11:14.44		
2	Nora Siltberg Almlöf	99	Hammarby IF	12:23.72		
3	Sandra Thudén	88	Motala AIF	13:10.27		

4	Johanna Berg	05 KFUM Örebro	13:24.83
5	Tyra Hedin	05 IFK Lidingö	13:36.86
	_ V	00 Turebergs FK	DNS

K 100 m häck

Vind:1.0

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Maria Södergren	98	Täby IS	14.21		SB
2	Alice Lindgren Engelblom	05	IFK Lidingö	14.89		PB
3	Bianca Salming	98	Turebergs FK	15.35		SB
4	Klara Frykholm	03	KFUM Örebro	15.90		PB
5	Victoria Westling	88	Motala AIF	17.40		SB
6	Alannah Hellstadius	04	Hammarby IF	21.87		PB

K 400 m häck

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Caroline Larsson	01	Täby IS	63.12		SB
2	Rebecca Högberg	84	KFUM Örebro	65.23		SB
3	Ella Johansson	07	Hammarby IF	65.84		PB
4	Moa Emmoth	07	Motala AIF	73.34		SB
5	Ella Thunell	06	IFK Lidingö	76.43		PB
6	Agnes Olsson	05	Turebergs FK	79.57		PB

K Höjd

2023-05-18

	Ra Name	D	Club	Res. Q	Code
1	Bianca Salming	98	Turebergs FK	1.80	
2	Svea Victorén	08	KFUM Örebro	1.59	SB
3	Anja Lalander	05	Täby IS	1.54	SB
4	Maja Mccarthy	06	Hammarby IF	1.47	SB
5	Matilda Käck	07	Motala AIF	1.47	=PB
6	Irma-Li Grönqvist	08	IFK Lidingö	1.20	SB

	1.20	1.30	1.40	1.47	1.54	1.59	1.63	1.73	1.80	1.84
Anja Lalander	-	o	o	o	o	xxx				
Svea Victorén	-	-	-	o	o	o	xxx			
Matilda Käck	-	-	o	xo	xxx					
Maja Mccarthy	-	o	o	o	xxx					
Bianca Salming	-	-	-	-	o	-	o	o	xxo	xxx
Irma-Li Grönqvist	o	xxx								

K Stav

2023-05-18

	Ra Name	D	Club	Res. Q	Code
1	Sara Winberg	04	Täby IS	3.48	SB
2	Ebba Blomstrand	00	KFUM Örebro	3.38	SB
3	Johanna Hellman	99	IFK Lidingö	3.38	SB
4	Alannah Hellstadius	04	Hammarby IF	3.00	SB
5	Elise Wiklund	09	Turebergs FK	2.80	
6	Erika Forss	93	Motala AIF	2.30	PB

	1.60	2.00	2.30	2.60	2.80	3.00	3.15	3.28	3.38	3.48	3.65
Erika Forss	-	o	o	xxx							
Elise Wiklund	-	-	o	o	o	xxx					
Johanna Hellman	-	-	-	-	-	-	o	xxo	xxo	xxx	
Ebba Blomstrand	-	-	-	-	-	-	-	-	o	xxx	
Sara Winberg	-	-	-	-	-	-	-	-	o	o	xxx
Alannah Hellstadius	-	-	-	o	o	o	xxx				

K Längd

2023-05-18

	Ra Name	D	Club	Res. Wind Q	com	Code
1	Ayla Hallberg Hossain	06	Turebergs FK	6.27 (-1.0)		SB
2	Emelie Eklund	00	Täby IS	5.63 (1.3)		SB
3	Molly Freeman	02	Hammarby IF	5.26 (3.1)		SB (4.84)
4	Nova Fogelkvist	04	Motala AIF	5.20 (1.4)		SB
5	Hjördis Bäckman	05	IFK Lidingö	4.72 (2.8)		SB (4.68)
6	Emelie Rasmussen	09	KFUM Örebro	4.38 (0.7)		PB

Name	Atempt 1	Atempt 2	Atempt 3	Atempt 4	Atempt 5	Atempt 6	Best Res
H Bäckman	4.43 (-0.7)	4.72 (2.8)	4.68 (1.0)	- ()	4.26 (2.1)	4.45 (0.9)	4.72 (2.8)
E Eklund	5.33 (-1.0)	5.47 (0.9)	5.02 (1.4)	5.63 (1.3)	4.08 (2.3)	3.74 (0.7)	5.63 (1.3)

M Freeman	X	(1.0)	X	(1.4)	4.84	(1.6)	X	(2.8)	5.26	(3.1)	4.94	(0.9)	5.26	(3.1)
Hallberg Hossai	6.27	(-1.0)	X	(1.7)	-	()	5.93	(1.4)	-	()	5.96	(0.3)	6.27	(-1.0)
N Fogelkvist	5.18	(0.4)	5.06	(0.6)	5.20	(1.4)	5.09	(2.3)	5.03	(-1.2)	X	(2.2)	5.20	(1.4)
E Rasmussen	X	(0.9)	4.21	(0.7)	4.38	(0.7)	4.30	(0.8)	X	(-0.9)	X	(1.7)	4.38	(0.7)

K Tresteg

2023-05-18

Ra Name	D	Club	Res.	Wind	Q	com	Code
1 Fanny Ernestam	98	KFUM Örebro	12.10	(2.2)			PB (11.81)
2 Emelina Wirebro	99	Motala AIF	11.26	(0.8)			SB
3 Emmie Wedin	07	Turebergs FK	11.23	(0.9)			PB
4 Tyra Sparv	08	Hammarby IF	11.03	(0.1)			SB
5 Alice Helge	07	Täby IS	10.81	(2.6)			SB (10.63)
6 Hjördis Bäckman	05	IFK Lidingö	8.97	(-0.3)			PB

Name	Atempt 1	Atempt 2	Atempt 3	Atempt 4	Atempt 5	Atempt 6	Best Res
H Bäckman	8.97	(-0.3)	-	()	-	()	8.97 (-0.3)
F Ernestam	11.81	(0.8)	12.04	(2.3)	12.10	(2.2)	X (0.1) 12.10 (2.2)
E Wedin	11.00	(-0.9)	11.23	(0.9)	11.08	(1.0)	11.23 (-0.6) X (0.3) 11.23 (0.9)
T Sparv	10.50	(-0.8)	10.48	(1.0)	10.75	(-0.3)	11.03 (0.1) 10.92 (1.1) X (0.1) 11.03 (0.1)
A Helge	10.63	(-0.6)	10.81	(2.6)	10.78	(-0.2)	10.32 (0.5) 10.65 (0.5) 10.68 (1.5) 10.81 (2.6)
E Wirebro	X	(1.2)	11.07	(0.5)	11.26	(0.8)	11.06 (1.8) 11.16 (0.2) 11.04 (-1.0) 11.26 (0.8)

K Kula

2023-05-18

Ra Name	D	Club	Res.	Q	com	Code
1 Kajsa Cabanas Andersson	06	Turebergs FK	12.81			PB
2 Linnéa Frobe	98	Täby IS	12.39			PB
3 Martina Efraimsson	85	Motala AIF	11.76			SB
4 Felicia Lindberg	97	Hammarby IF	11.43			SB
5 Tove Olsson	06	IFK Lidingö	9.81			PB
6 Julia Karlsson	07	KFUM Örebro	9.18			SB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
F Lindberg	11.05	11.27	11.20	11.43	X	11.07	11.43
M Efraimsson	10.94	11.50	X	X	11.76	11.25	11.76
J Karlsson	9.17	8.83	9.18	X	8.87	X	9.18
L Frobe	12.39	11.77	11.73	11.45	11.68	12.33	12.39
T Olsson	-	-	9.64	9.81	-	-	9.81
Cabanas Andersso	X	12.33	11.86	12.81	12.49	12.46	12.81

K Diskus

2023-05-18

Ra Name	D	Club	Res.	Q	com	Code
1 Tilda Bernhult	04	KFUM Örebro	42.08			SB
2 Lena Björk	76	IFK Lidingö	37.20			SB
3 Norah Lind	05	Turebergs FK	36.69			
4 Lovisa Linde	98	Täby IS	33.95			SB
5 Ella Johansson	07	Hammarby IF	29.61			PB
6 Svea Eklundh	05	Motala AIF	25.30			SB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
S Eklundh	24.69	25.30	X	X	X	24.93	25.30
N Lind	35.03	X	34.63	X	X	36.69	36.69
L Björk	35.20	X	34.78	X	X	37.20	37.20
T Bernhult	37.92	42.08	X	X	X	40.54	42.08
L Linde	32.70	33.27	X	X	X	33.95	33.95
E Johansson	27.14	X	29.47	X	X	29.61	29.61

K Slägga

2023-05-18

Ra Name	D	Club	Res.	Q	com	Code
1 Ellen Forsell	06	Hammarby IF	51.75			SB
2 Ilva Gunnarsson	05	KFUM Örebro	44.63			
3 Elin Runemar	07	Turebergs FK	40.50			SB
4 Rut Grufman	06	Täby IS	39.88			PB
5 Molly Brissman	08	Motala AIF	39.00			PB
6 Madelene Fahlstedt	83	IFK Lidingö	36.75			SB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
E Runemar	40.50	X	X	40.20	40.25	39.66	40.50
E Forsell	50.63	51.75	47.35	47.94	49.57	49.32	51.75
R Grufman	X	39.88	38.74	X	39.14	X	39.88
M Fahlstedt	33.78	34.55	35.94	X	X	36.75	36.75
I Gunnarsson	43.81	43.34	X	X	44.63	X	44.63

M Brissman X X 35.31 39.00 34.81 34.45 39.00

K Spjut

2023-05-18

	Ra Name	D	Club	Res. Q	com	Code
1	Alva Back	06	Turebergs FK	44.50		SB
2	Tove Olsson	06	IFK Lidingö	43.26		PB
3	Tilda Bernhult	04	KFUM Örebro	42.63		SB
4	Maggie Dahllöf	06	Hammarby IF	38.01		PB
5	Lovisa Linde	98	Täby IS	35.66		SB
6	Ida Emmoth	05	Motala AIF	30.56		SB

Name	Atempt1	Atempt2	Atempt3	Atempt4	Atempt5	Atempt6	Best Res
T Olsson	38.24	X	36.37	38.50	43.26	39.77	43.26
L Linde	35.66	X	X	X	33.81	34.96	35.66
M Dahllöf	38.01	37.27	37.94	37.72	36.50	32.39	38.01
A Back	X	42.89	39.66	X	44.50	41.26	44.50
I Emmoth	27.46	30.56	X	X	X	-	30.56
T Bernhult	38.57	42.63	39.84	X	40.71	X	42.63

K 4x100 m

2023-05-18

1 Lag 1 Turebergs FK	Turebergs FK	47.18	PB
	Lina Ånstad 05		
	Emma Carlsson 05		
	Bianca Salming 98		
	Ayla Hallberg 06		
	Hossain		
2 Lag 1 Täby IS	Täby IS	48.11	PB
	Maja Almgren 98		
	Maria Södergren 98		
	Ebba Sjöström 05		
	Evelina Hamos 05		
3 Just Idag Är Jag Sta Hammarby IF	Hammarby IF	50.12	PB
	Alannah Hellstadius 04		
	Agnes Jansson 05		
	Matilda Borg 07		
	Maja Simonsson 06		
4 Lag 1 IFK Lidingö	IFK Lidingö	50.72	PB
	Alice Lindgren 05		
	Engelblom		
	Johanna Hellman 99		
	Sofia Fröberg 06		
	Hjördis Bäckman 05		
5 Lag 1 Motala AIF	Motala AIF	51.21	PB
	Nellie Hemmingsson 10		
	Nova Fogelkvist 04		
	Emelina Wirebro 99		
	Ella Varli 06		
6 Lag 1 KFUM Örebro	KFUM Örebro	51.46	PB
	Stella Önander 06		
	Tindra Frykholm 03		
	Emelie Rasmussen 09		
	Klara Frykholm 03		